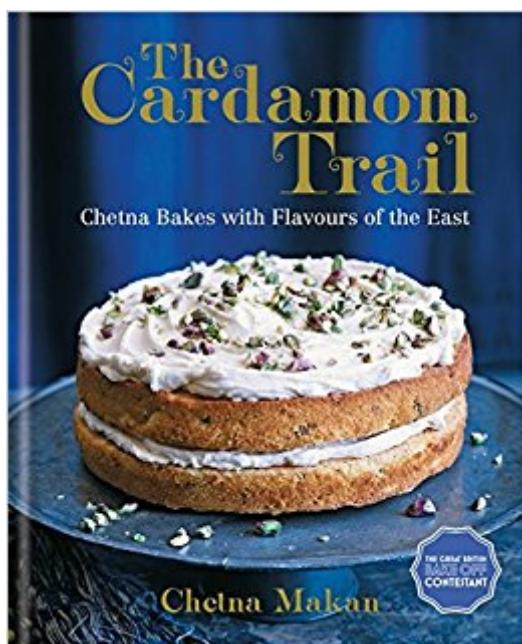


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# The Cardamom Trail: Chetna Bakes With Flavours Of The East



## **Synopsis**

Chetna Makan is known for her unique recipes, which introduce colorful spices, aromatic herbs and other Indian ingredients into traditional Western baked favorites. Whether it's a sponge cake with a cardamom and coffee filling; puff pastry bites filled with fenugreek paneer; a swirly bread rolled with citrusy coriander, mint and green mango chutney; or a steamed strawberry pudding flavoured with cinnamon, Chetna's Indian influences will transform your baking from the familiar to the exotic, from the ordinary to the extraordinary. Discover rare but precious traditional bakes from India, as well as new spice-infused recipes. Delve into the history of Indian herbs and spices and learn how to match foods and flavors.

## **Book Information**

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## **Customer Reviews**

Chetna Makan was born in Jabalpur, an ancient city in central India. She has a degree in fashion and worked in Mumbai as a fashion designer before moving to the UK in 2003. Chetna reached the semi-final in The Great British Baking Show 2014.

I've made several recipes and liked them all so far.

Chetna's unique flavors were a blast to see in the bake off, and so having her cookbook's been rather fun as a result. A lot of good recipes, all of which will be fun to try (as I get to them).

My daughter and I watch The Great British Baking Show and we both loved Chetna. We are so

excited to try her recipes.

Hard to find some ingredients, but so far, everything is delicious!

This book is beautiful to look at and full of wonderful recipes. A new prized kitchen possession!

I loved her on GBBO and I love the recipes.

Love the flavor, I would be intimidated to cook with them, but Chetna give some great instructions

great recipes...beautiful presentations

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